



1
00:00:04,670 --> 00:00:03,230
when I first heard about this I didn't

2
00:00:06,170 --> 00:00:04,680
believe it at all uh somebody says you

3
00:00:07,970 --> 00:00:06,180
want to meet Bud Hopkins who's he this

4
00:00:10,430 --> 00:00:07,980
was two and a half years ago oh he's a

5
00:00:11,750 --> 00:00:10,440
man who believes in people stories of

6
00:00:13,129 --> 00:00:11,760
people who've been taken on to

7
00:00:15,169 --> 00:00:13,139
spaceships I thought he must be crazy

8
00:00:19,010 --> 00:00:15,179
and the people he's working with must be

9
00:00:21,710 --> 00:00:19,020
not so at all what I discovered was that

10
00:00:23,870 --> 00:00:21,720
he was talking about people who are

11
00:00:25,849 --> 00:00:23,880
completely sincere they don't claim

12
00:00:27,290 --> 00:00:25,859
they've been taken by aliens anyways

13
00:00:29,870 --> 00:00:27,300

they're very reluctant to come forward

14

00:00:32,150 --> 00:00:29,880

with their stories the stories that they

15

00:00:34,310 --> 00:00:32,160

were telling consistently as I began to

16

00:00:37,010 --> 00:00:34,320

meet with these people myself there was

17

00:00:39,290 --> 00:00:37,020

nothing in my psychiatric work over 40

18

00:00:40,970 --> 00:00:39,300

years that prepared me for the

19

00:00:42,770 --> 00:00:40,980

consistency of these stories the fact

20

00:00:45,290 --> 00:00:42,780

that they're told by children as young

21

00:00:47,990 --> 00:00:45,300

as two years old with physical marks

22

00:00:50,090 --> 00:00:48,000

Cuts scoop marks and the rest the

23

00:00:51,950 --> 00:00:50,100

association with UFOs and that these are

24

00:00:53,869 --> 00:00:51,960

not people who are mentally ill and

25

00:00:56,510 --> 00:00:53,879

there's nothing in my background that

26
00:00:58,369 --> 00:00:56,520
prepared me for this set of experiences

27
00:01:00,650 --> 00:00:58,379
as a psychiatrist you are telling us

28
00:01:02,389 --> 00:01:00,660
they're not mentally ill these are not

29
00:01:04,369 --> 00:01:02,399
delusions we're talking about absolutely

30
00:01:06,830 --> 00:01:04,379
not they they're troubled people because

31
00:01:08,450 --> 00:01:06,840
as you heard from Pat and Michael these

32
00:01:10,730 --> 00:01:08,460
are very disturbing experiences and they

33
00:01:13,010 --> 00:01:10,740
have a kind of post-traumatic quality to

34
00:01:14,570 --> 00:01:13,020
them but it's not just post-traumatic

35
00:01:16,789 --> 00:01:14,580
because they this can happen again to

36
00:01:19,070 --> 00:01:16,799
them at any time it's not like over once

37
00:01:21,710 --> 00:01:19,080
it's happened and those experiences are

38
00:01:23,630 --> 00:01:21,720

disturbing but the disturbing feelings

39

00:01:25,969 --> 00:01:23,640

experiences they have does in no way

40

00:01:28,850 --> 00:01:25,979

accounts for the experience what is

41

00:01:31,969 --> 00:01:28,860

causing this that's the mystery I've had

42

00:01:34,789 --> 00:01:31,979

people come to me saying they want to be

43

00:01:37,130 --> 00:01:34,799

told this is a dream a fantasy even they

44

00:01:39,710 --> 00:01:37,140

had a man that came to me just last week

45

00:01:41,330 --> 00:01:39,720

and said I doctor I'm coming to you

46

00:01:43,190 --> 00:01:41,340

because I want you to tell me that I'm

47

00:01:44,690 --> 00:01:43,200

crazy I don't want to believe that these

48

00:01:47,510 --> 00:01:44,700

experiences are real the implications

49

00:01:49,910 --> 00:01:47,520

for this person's world view are so

50

00:01:51,649 --> 00:01:49,920

staggering but as Freud once said Theory

51
00:01:54,289 --> 00:01:51,659
doesn't prevent facts from showing up

52
00:01:56,569 --> 00:01:54,299
it's nonsense to attribute this to the

53
00:01:59,149 --> 00:01:56,579
hypnosis itself increasingly I'm seeing

54
00:02:00,950 --> 00:01:59,159
people who remember a good deal of a

55
00:02:02,990 --> 00:02:00,960
story before hypnosis they remember

56
00:02:04,670 --> 00:02:03,000
being taken on this question taking on

57
00:02:06,889 --> 00:02:04,680
to the spacecraft they remember the

58
00:02:09,410 --> 00:02:06,899
beans but the experience is so

59
00:02:11,150 --> 00:02:09,420
disturbing that the Mind puts it down

60
00:02:12,830 --> 00:02:11,160
and puts it out of mind and anything we

61
00:02:14,869 --> 00:02:12,840
can use to help people relax and go

62
00:02:16,729 --> 00:02:14,879
Inward and bring back the experience can

63
00:02:18,890 --> 00:02:16,739

help bring it forward but to say that

64

00:02:20,330 --> 00:02:18,900

because they're filling out the

65

00:02:22,309 --> 00:02:20,340

experience with hypnosis that therefore

66

00:02:25,190 --> 00:02:22,319

the hypnosis generated for example right

67

00:02:26,869 --> 00:02:25,200

nothing that we've experienced prepares

68

00:02:29,030 --> 00:02:26,879

you for the power of what these people

69

00:02:31,369 --> 00:02:29,040

go through during the hypnosis sessions

70

00:02:35,089 --> 00:02:31,379

the the intense fear the body shaking

71

00:02:37,910 --> 00:02:35,099

the the rage the sense of humiliation

72

00:02:39,830 --> 00:02:37,920

it's it's completely persuasive because

73

00:02:41,809 --> 00:02:39,840

of the emotional power of What comes

74

00:02:43,790 --> 00:02:41,819

forth it just cannot be fantasy it

75

00:02:45,890 --> 00:02:43,800

cannot be something that's made up and

76

00:02:47,270 --> 00:02:45,900

that that's what's hard to convey if

77

00:02:49,250 --> 00:02:47,280

you're just looking at the content of

78

00:02:51,229 --> 00:02:49,260

the report I think this kind of debate

79

00:02:54,050 --> 00:02:51,239

which is healthy in a way but it's also

80

00:02:55,729 --> 00:02:54,060

preventing us from getting on with what

81

00:02:57,589 --> 00:02:55,739

these powerful experiences that are

82

00:02:59,089 --> 00:02:57,599

happening to so many hundreds of

83

00:03:00,770 --> 00:02:59,099

thousands if not millions of people what

84

00:03:02,030 --> 00:03:00,780

does this mean for this culture a lot of

85

00:03:04,369 --> 00:03:02,040

the people have these experiences

86

00:03:07,009 --> 00:03:04,379

actually when they face up to them and

87

00:03:09,290 --> 00:03:07,019

when they really go into it deeply

88

00:03:11,390 --> 00:03:09,300

grow as human beings do you know what it

89

00:03:12,770 --> 00:03:11,400

means I don't know what it means but it

90

00:03:15,589 --> 00:03:12,780

certainly means something that could be